

***2022 Connecticut Community Readiness
Survey Results:
Region 1 South West
The Hub***

Developed by the Department of Mental Health and Addiction Services
Center for Prevention Evaluation and Statistics at UConn Health
August, 2022

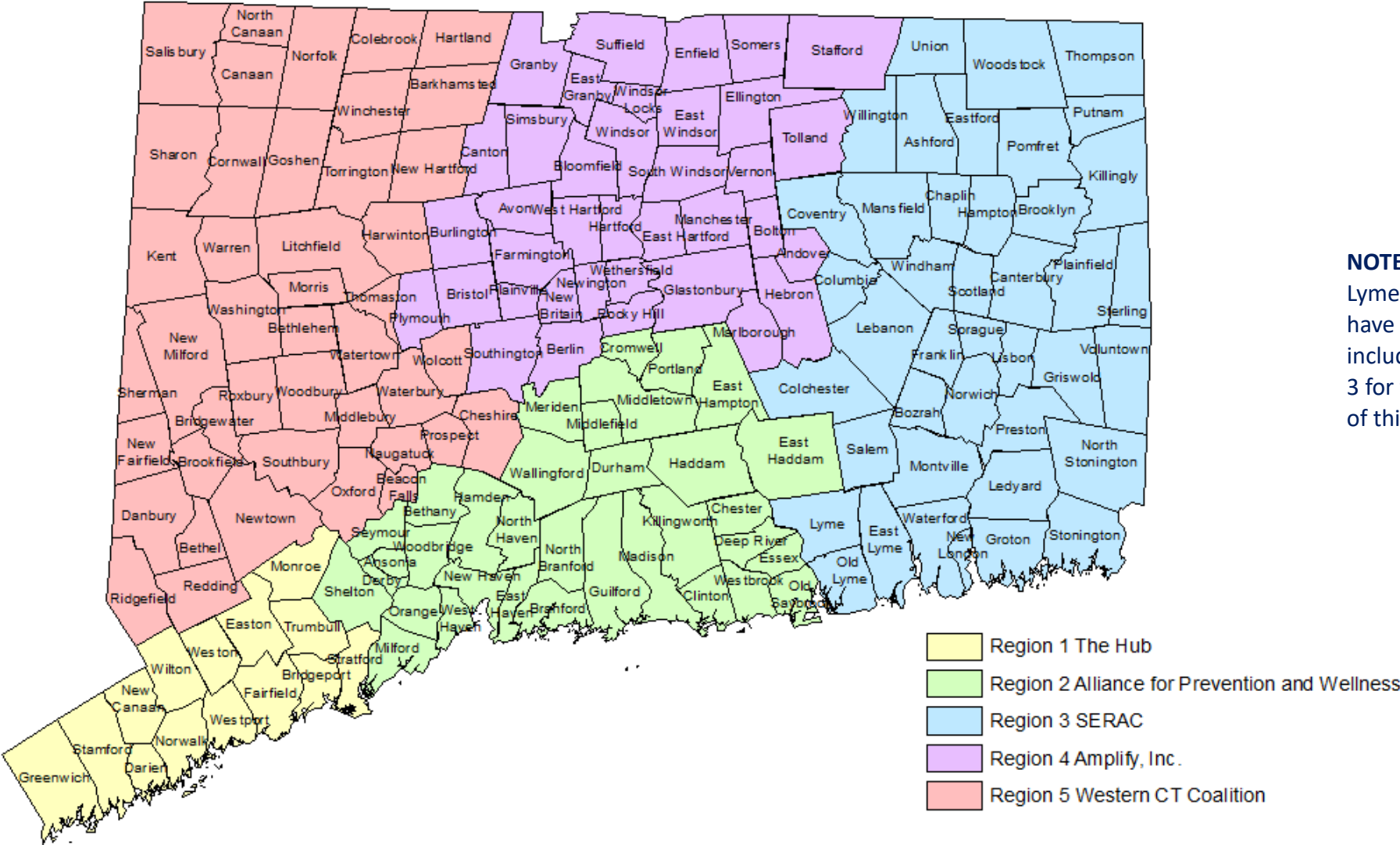
Connecticut Community Readiness Survey (CRS) Objectives

- Assess perceived substance use problems at the local level;
- Measure community readiness for prevention and health promotion:
 - Community attitudes about alcohol and drug use, mental health promotion, and suicide and problem gambling prevention;
 - Community support for prevention;
 - Perceived barriers to substance misuse prevention;
 - Rating of community readiness;
- Develop a tool and methodology that DMHAS can use:
 - For ongoing needs assessment;
 - To inform substance misuse prevention planning and mental health promotion at state and regional levels;
 - To identify needs for training and technical assistance;
 - To provide data to evaluate the impact of SPF-based initiatives.

Connecticut Community Readiness Survey (CRS) Approach

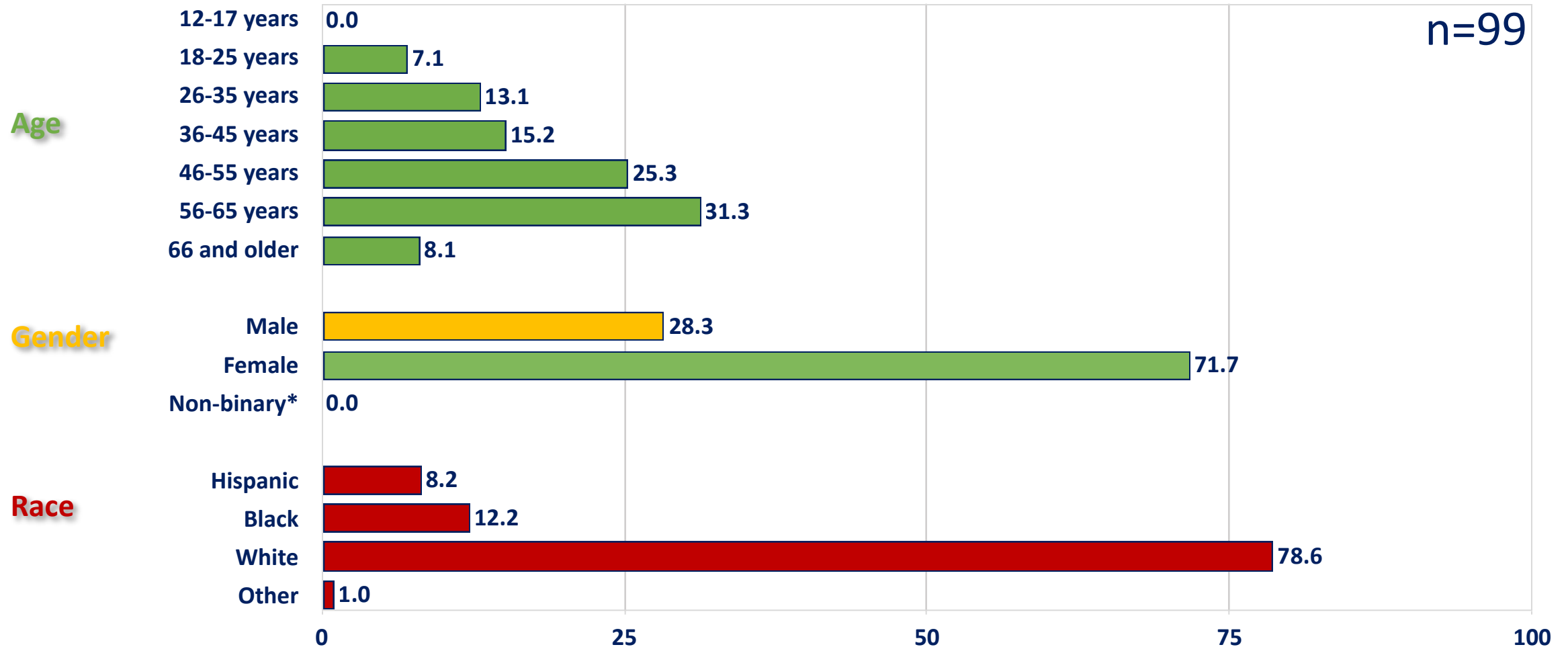
- Instrument developed through a consensus process involving DMHAS, its Resource Links, and UConn Health/CPES;
- Administered biannually statewide since 2006;
- Web-based survey implementation;
- CT Clearinghouse coordinates e-mail distribution of the survey;
- Regional Behavioral Health Action Organizations identify 5-10 key informants per town/city to survey;
- RBHAOs conduct active outreach and follow up with key informants to encourage participation and maximize responses;
- Response tracking and data analysis by the DMHAS Center for Prevention Evaluation and Statistics at UConn Health;
- State and regional results are disseminated to RBHAOs to support planning;
- This approach resulted in **1202** responses to the 2022 CRS survey statewide, a **76.6%** response rate based on the established key informant survey sample, with representation in **all 169** Connecticut communities.

DMHAS Regional Behavioral Health Action Organizations (RBHAs)



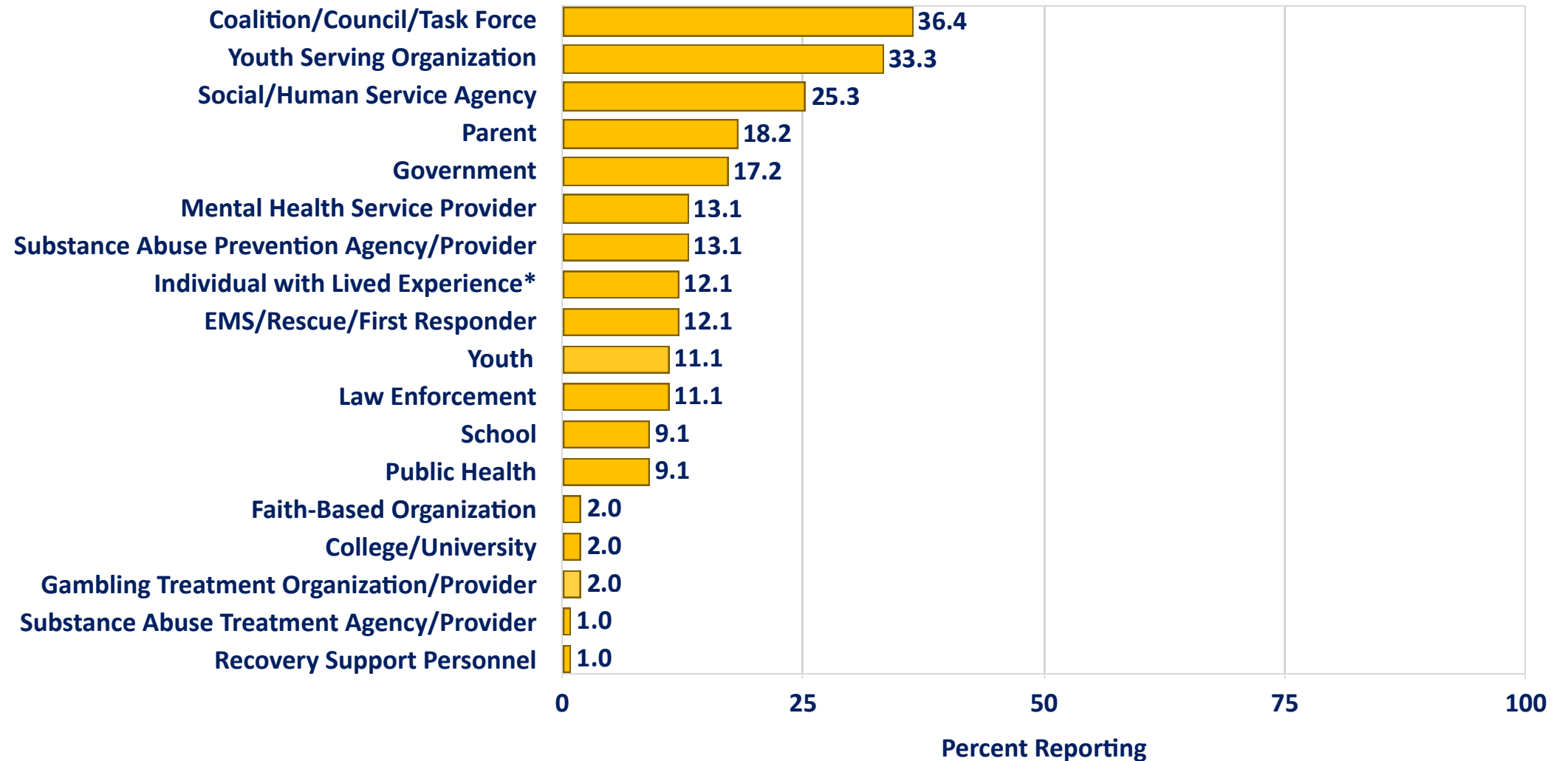
NOTE:
Lyme and Old Lyme have been included in Region 3 for the purposes of this report.

Key Informant Demographic Characteristics: The Hub CRS, 2022



* Includes Gender-neutral and Transgender

Key Informant Stakeholder Affiliation: The Hub CRS, 2022

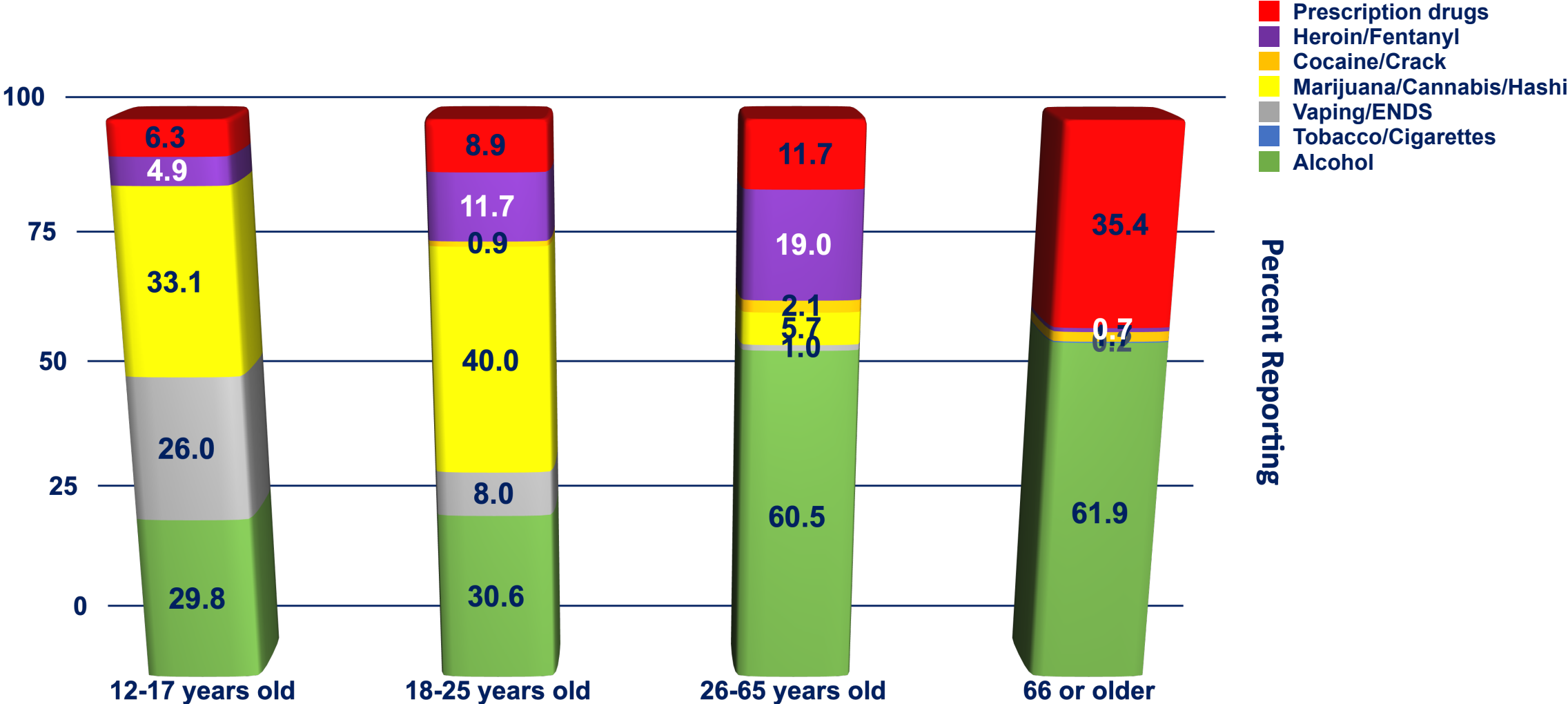


* Personal or family experience with mental illness, substance misuse, or problem gambling

Substance Misuse

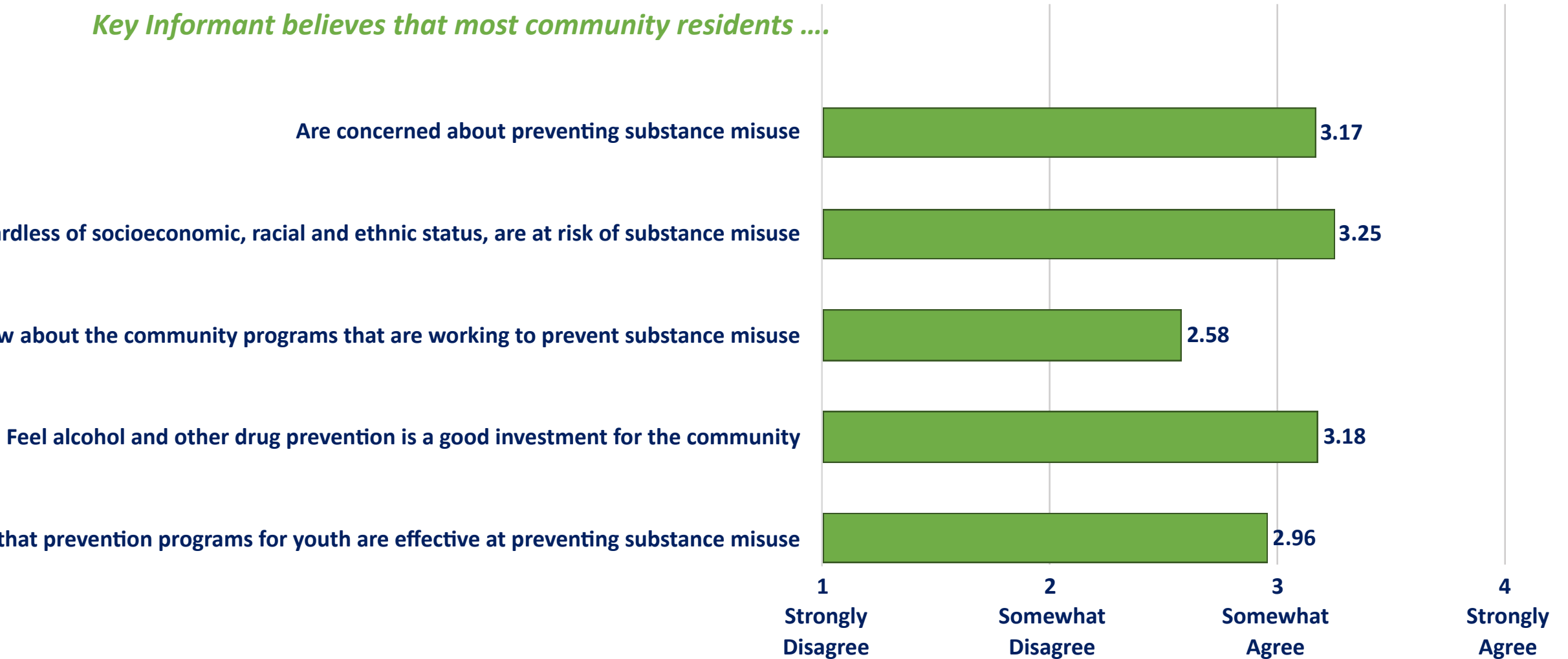


Problem Substances of Greatest Concern for Age Groups, According to Key Informants: The Hub CRS, 2022



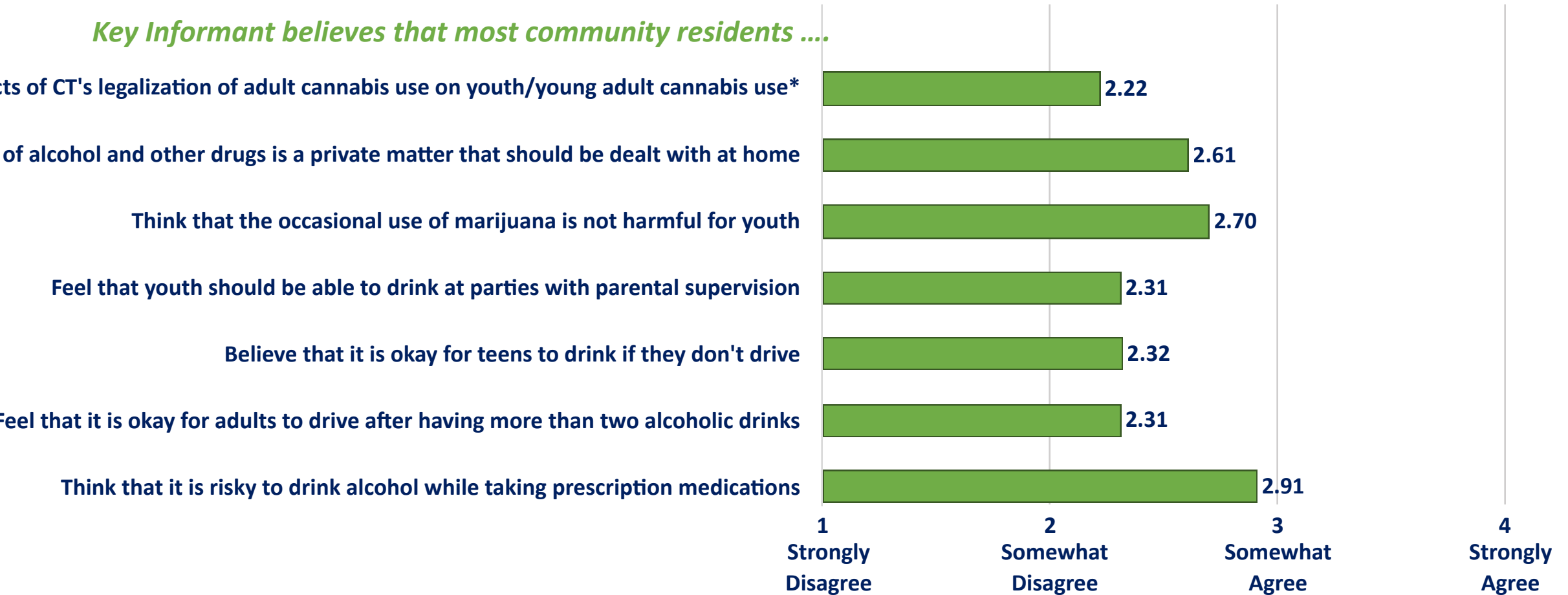
Community Attitudes Toward Substance Misuse Prevention [Q15]: The Hub CRS, 2022

Key Informant believes that most community residents



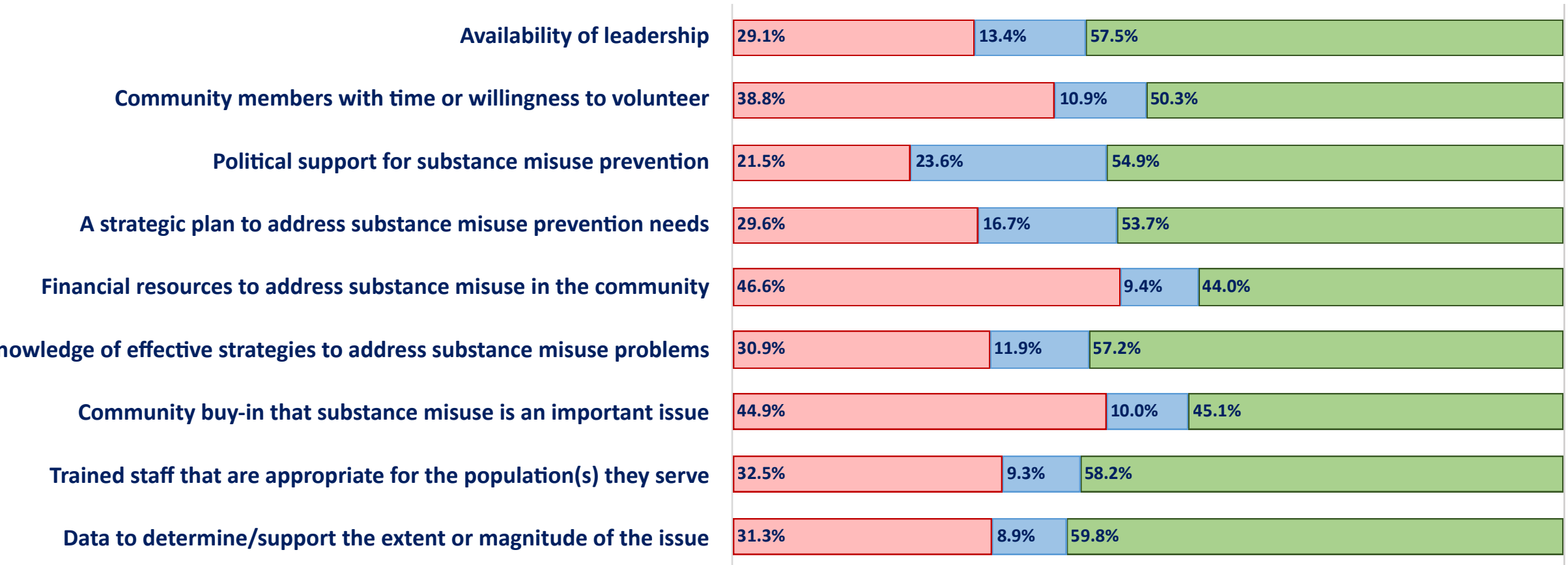
Community Attitudes Toward Substance Misuse Prevention [Q15]: The Hub CRS, 2022

Key Informant believes that most community residents



*including increased access, decreased perception of risk/harm, and changes in social/family norms

Perceived Barriers/Assets to Substance Misuse Prevention Activities in the Community [Q18]: The Hub CRS, 2022

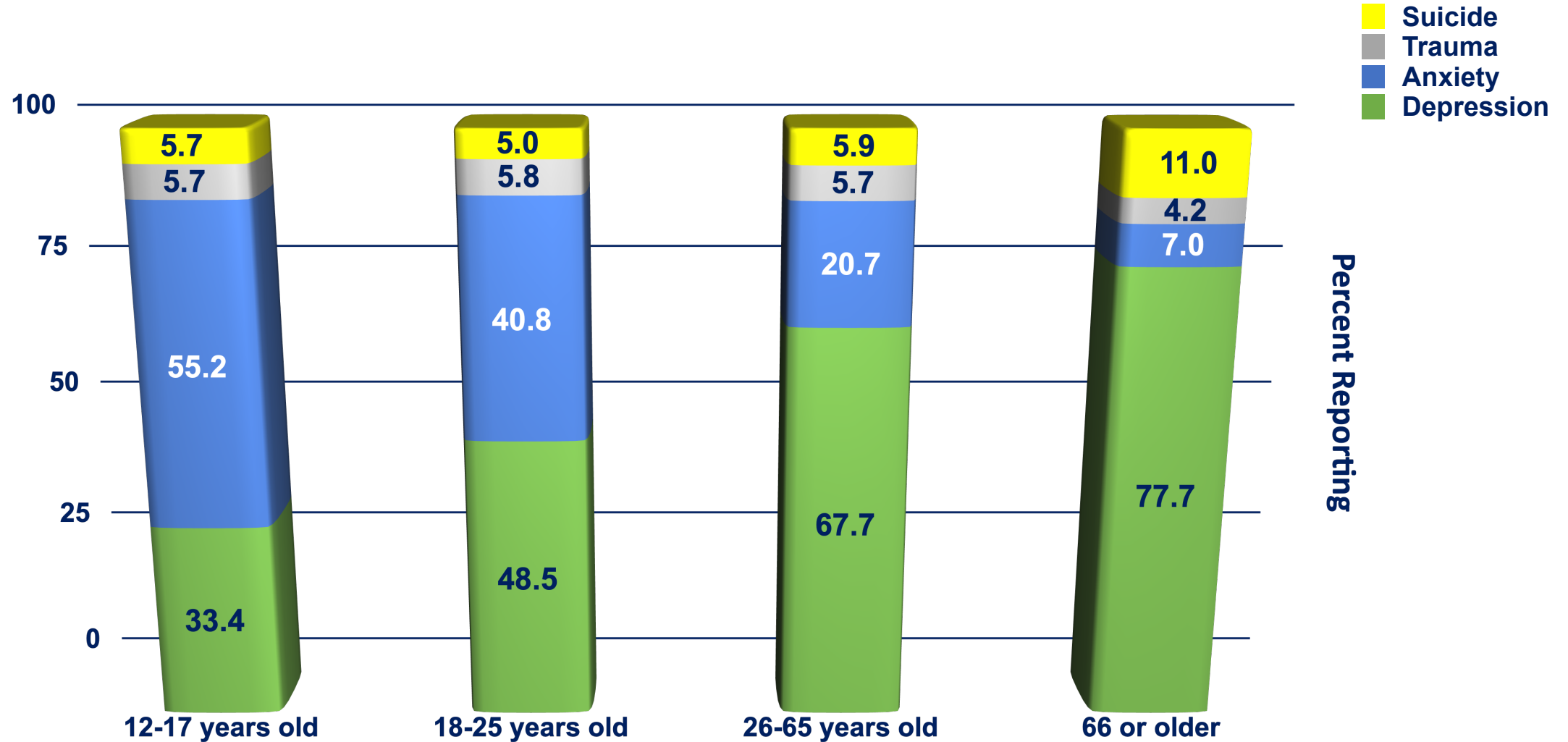


■ A Moderate or Great Barrier
 ■ Neither a Barrier nor an Asset
 ■ A Moderate or Great Asset

Mental Health

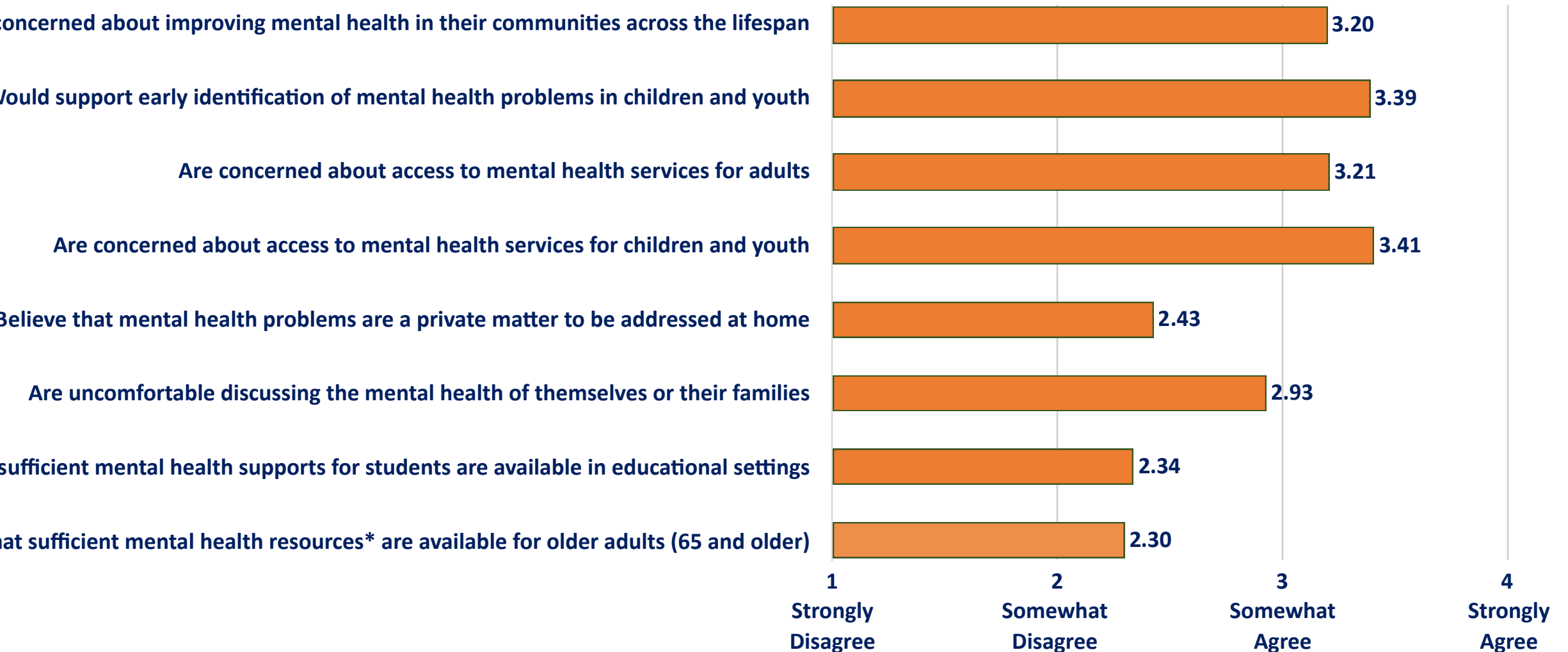


Mental Health Issue of Greatest Concern for Age Groups, According to Key Informants: The Hub CRS, 2022



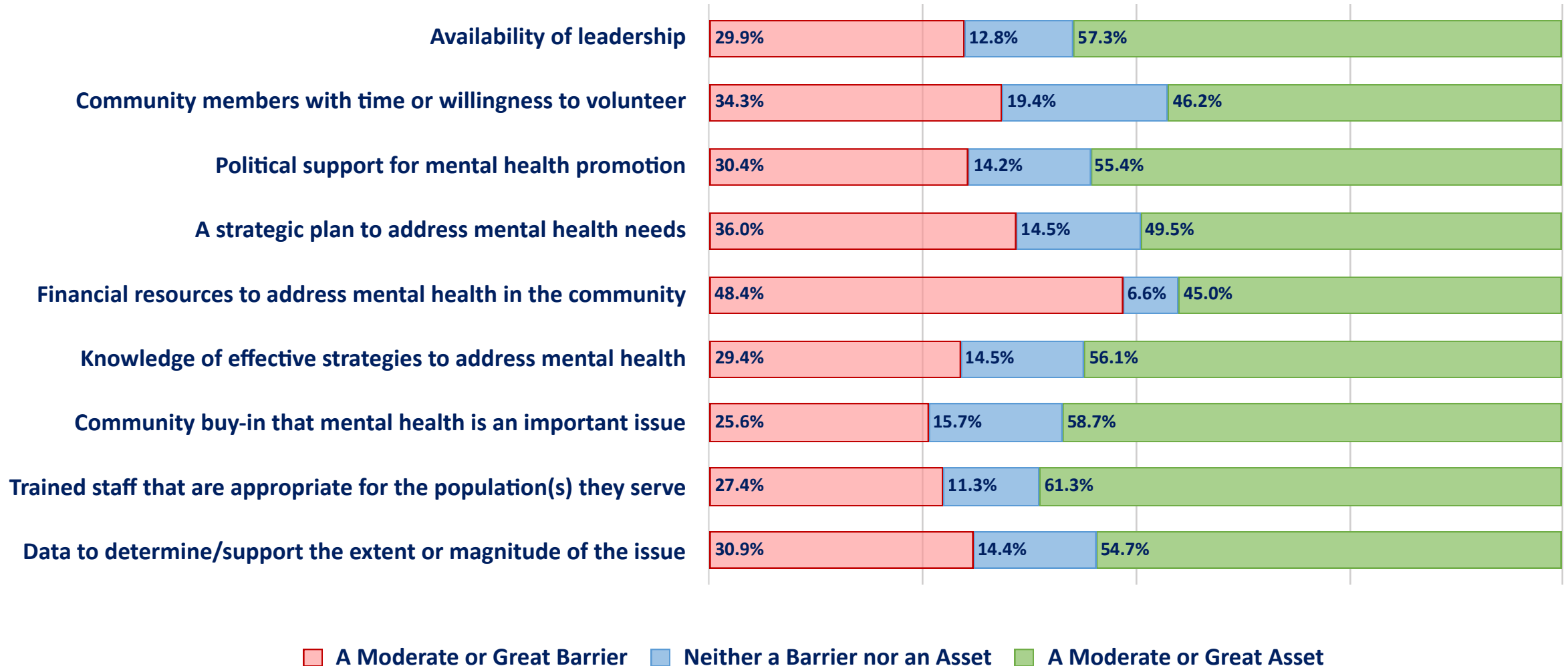
Community Attitudes Toward Mental Health [Q16]: The Hub CRS, 2022

Key Informant believes that most community residents



*services, supports and linkages

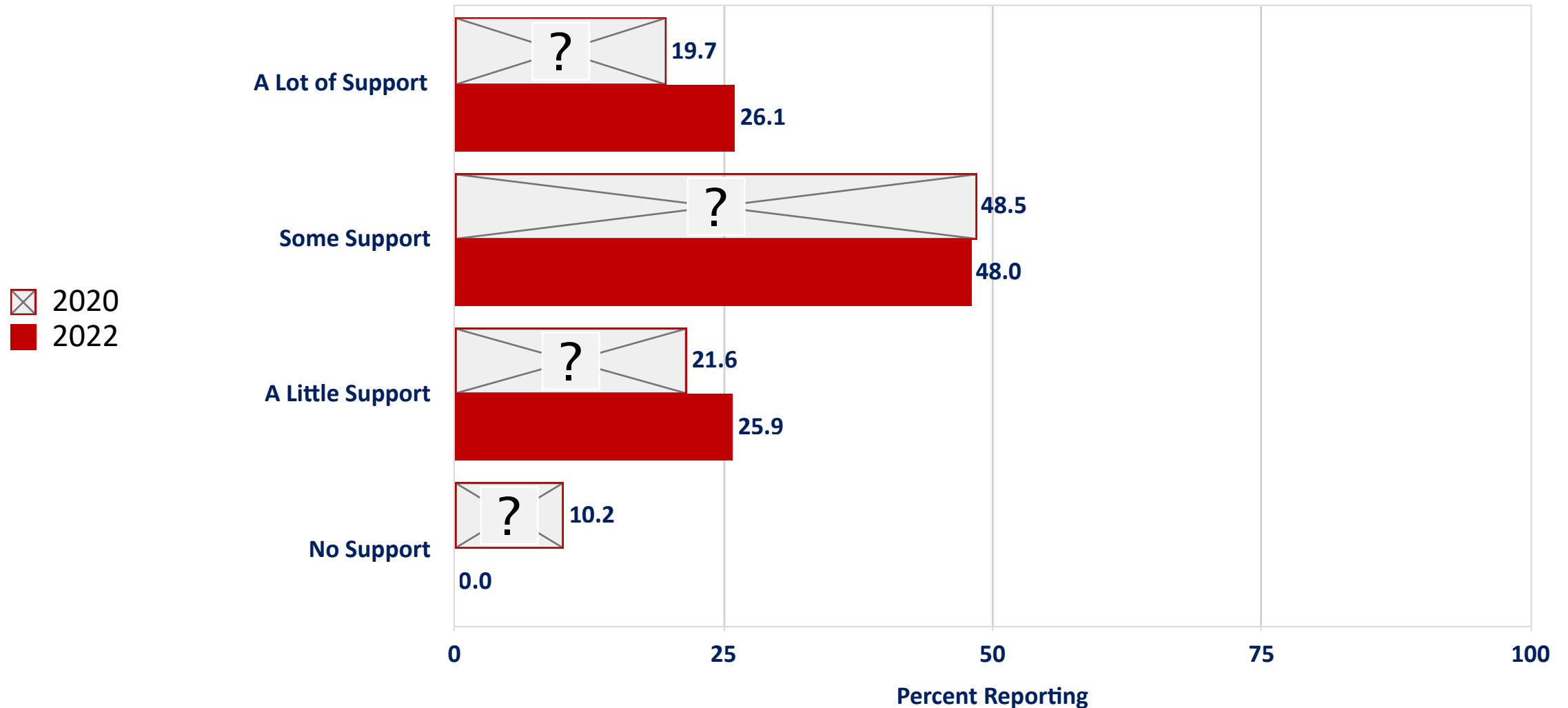
Perceived Barriers/Assets to Mental Health Promotion Activities in the Community [Q19]: The Hub CRS, 2022



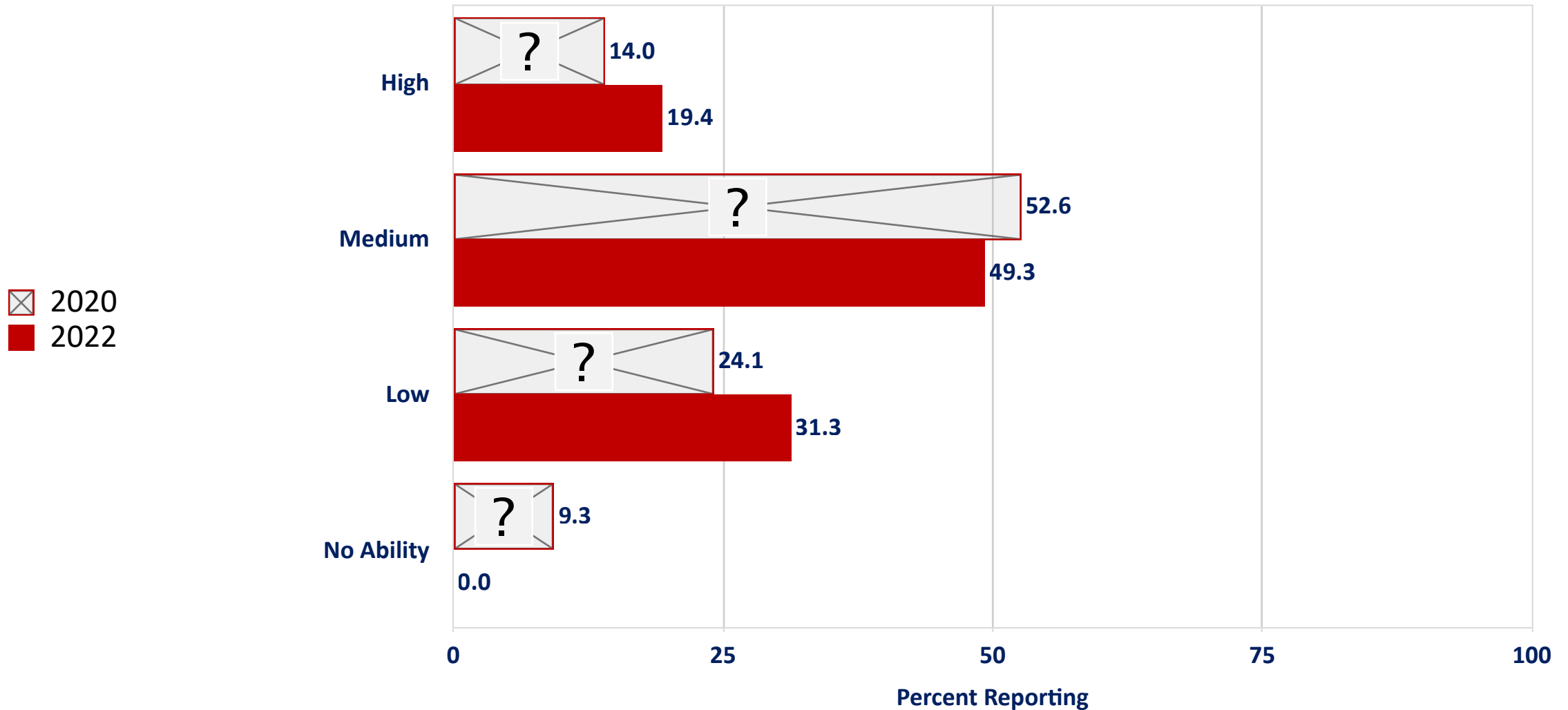
Suicide



In your opinion, how much community support is there for suicide prevention efforts? [Q25]: The Hub CRS, 2020-2022

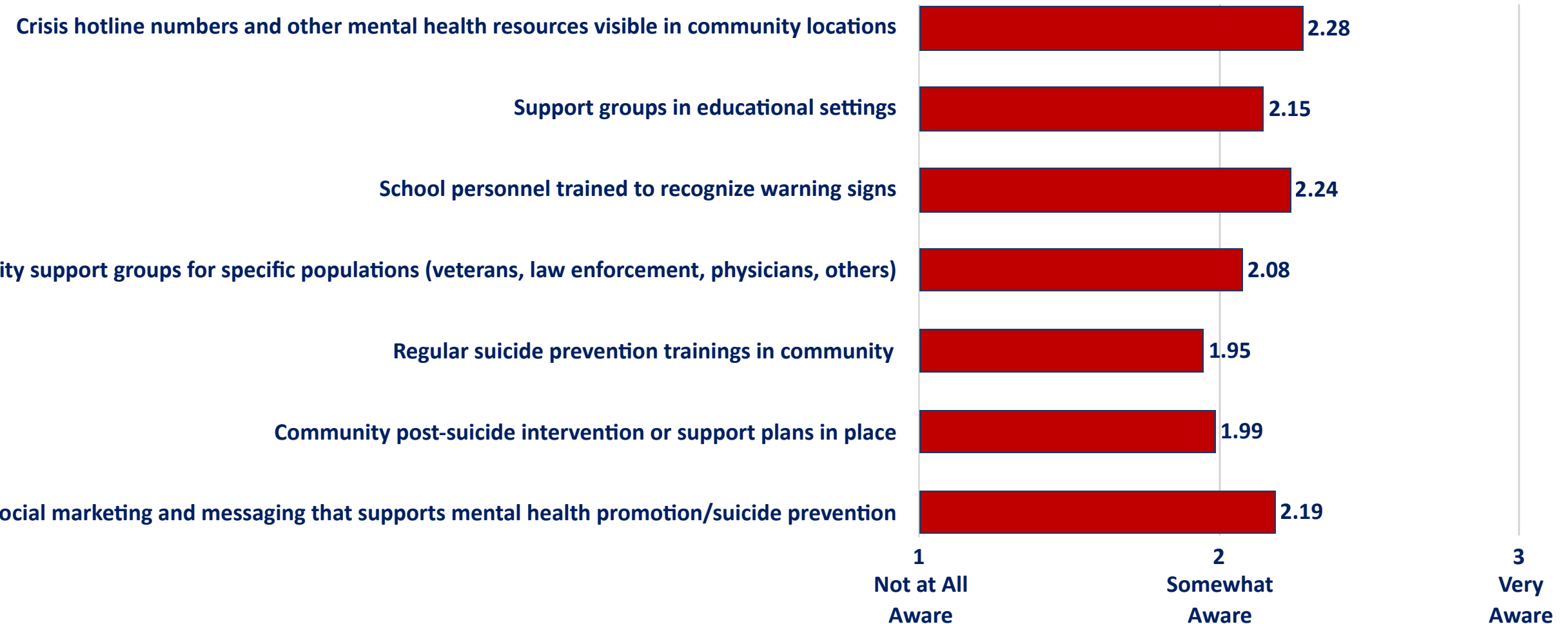


How would you rate your community's ability to implement suicide prevention efforts? [Q26]: The Hub CRS, 2020-2022



Awareness of Suicide Prevention Supports in Place in the Community [Q27]: The Hub CRS, 2022

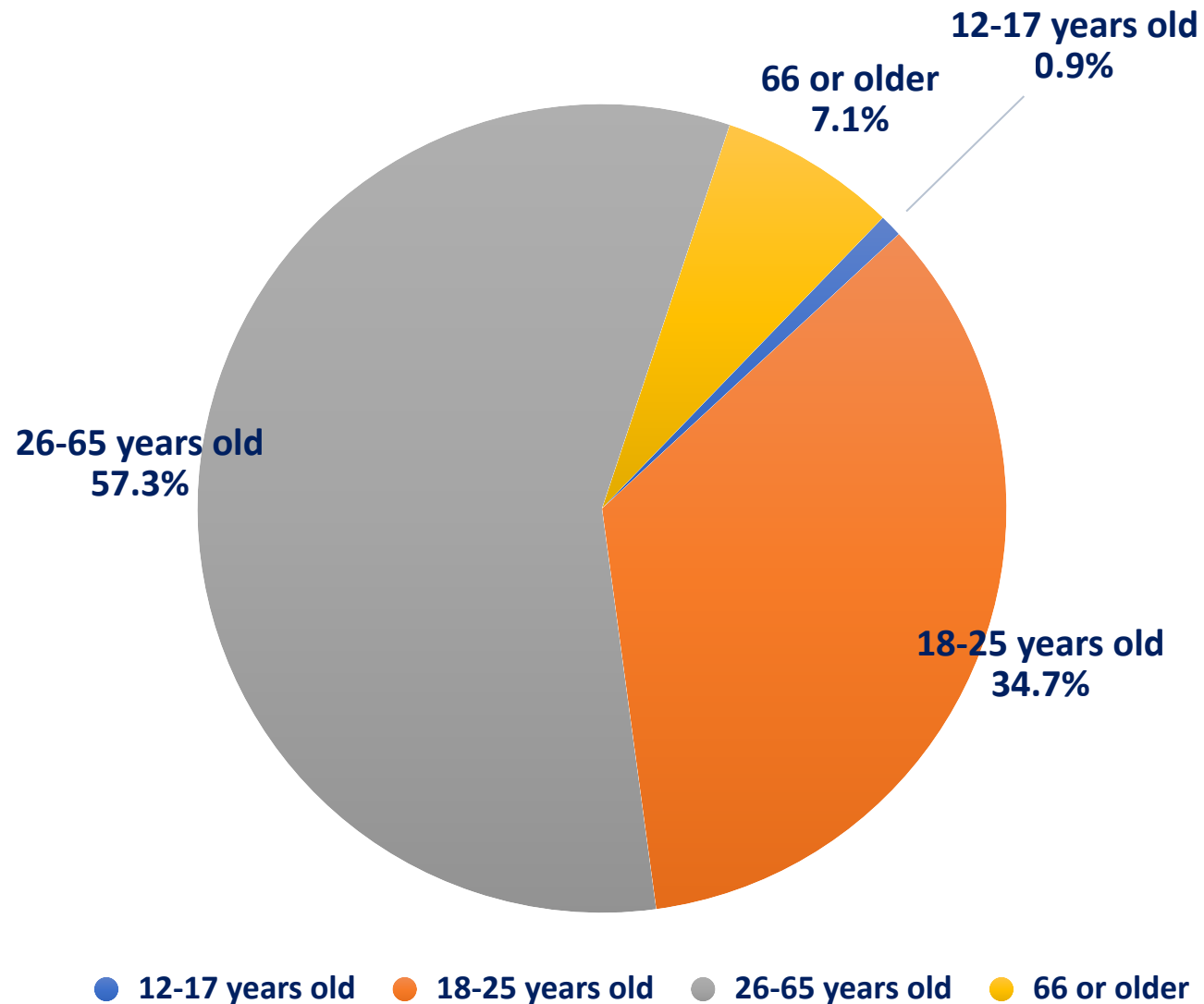
Key Informant awareness that the following are in place in the community....



Problem Gambling

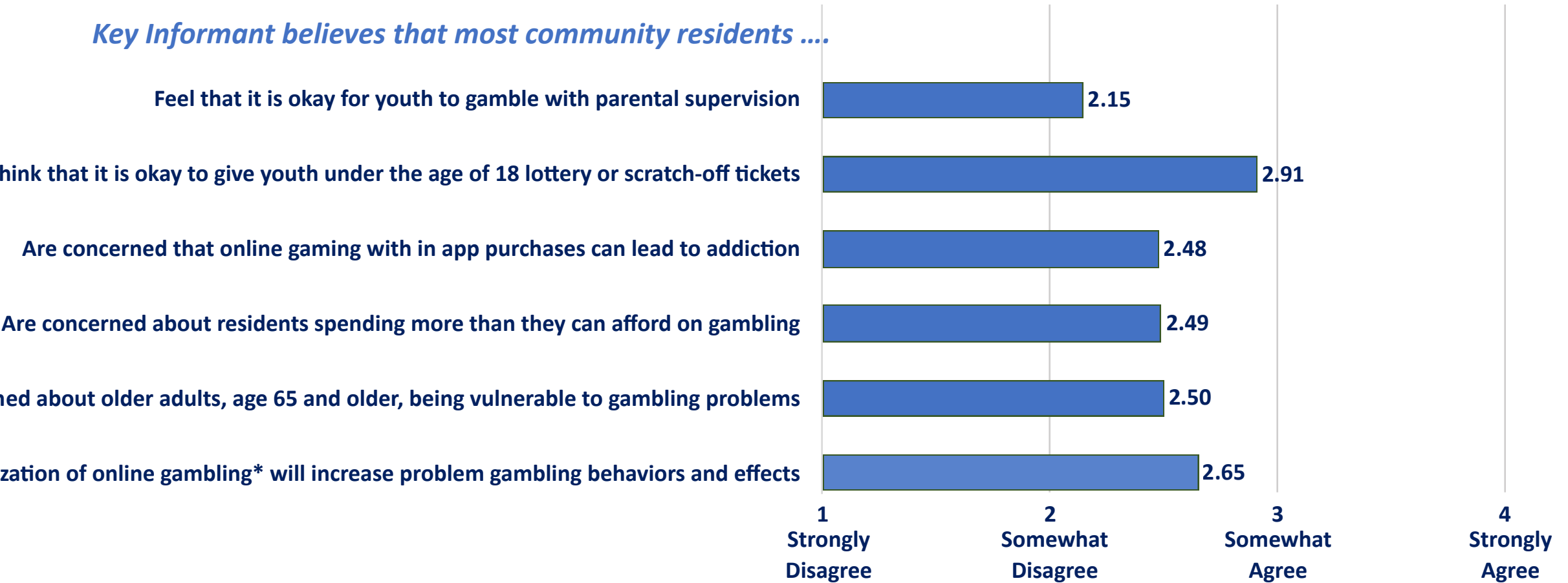


Perceived Age Group of Greatest Concern for Problem Gambling Behaviors and Effects, According to Key Informants [Q14]: The Hub CRS, 2022



Community Attitudes Toward Gambling and Gaming [Q17]: The Hub CRS, 2022

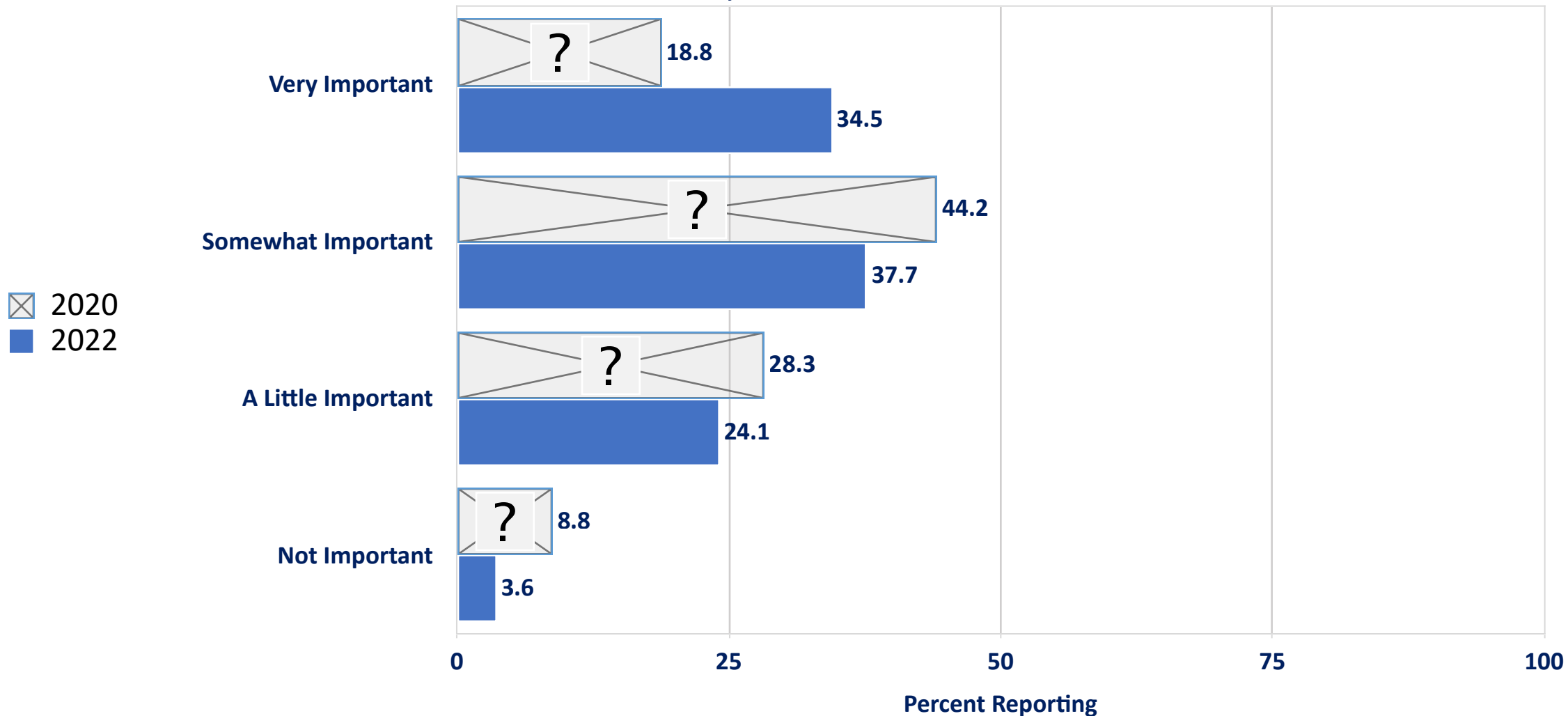
Key Informant believes that most community residents



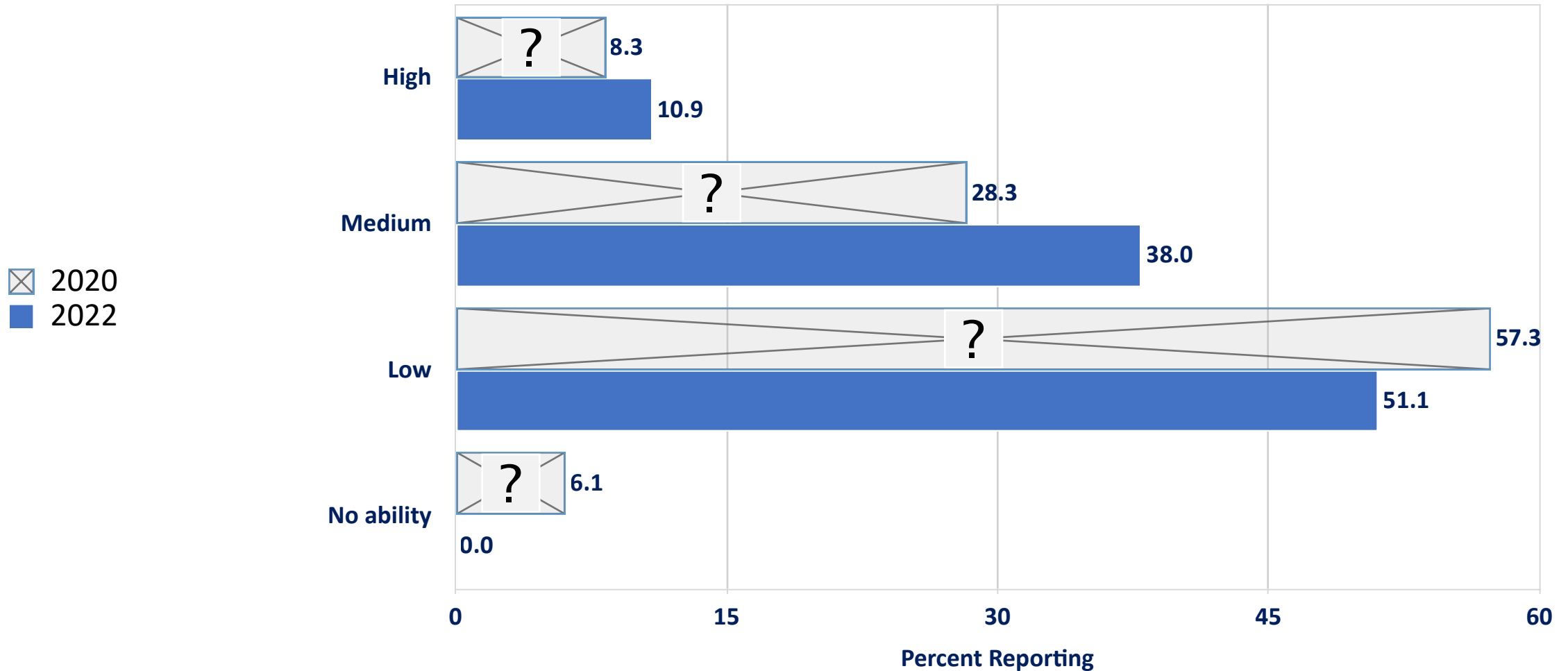
*sports betting, online casino gambling, and online lottery

How important is it to prevent problem gambling/gaming addiction in your community? [Q20]:

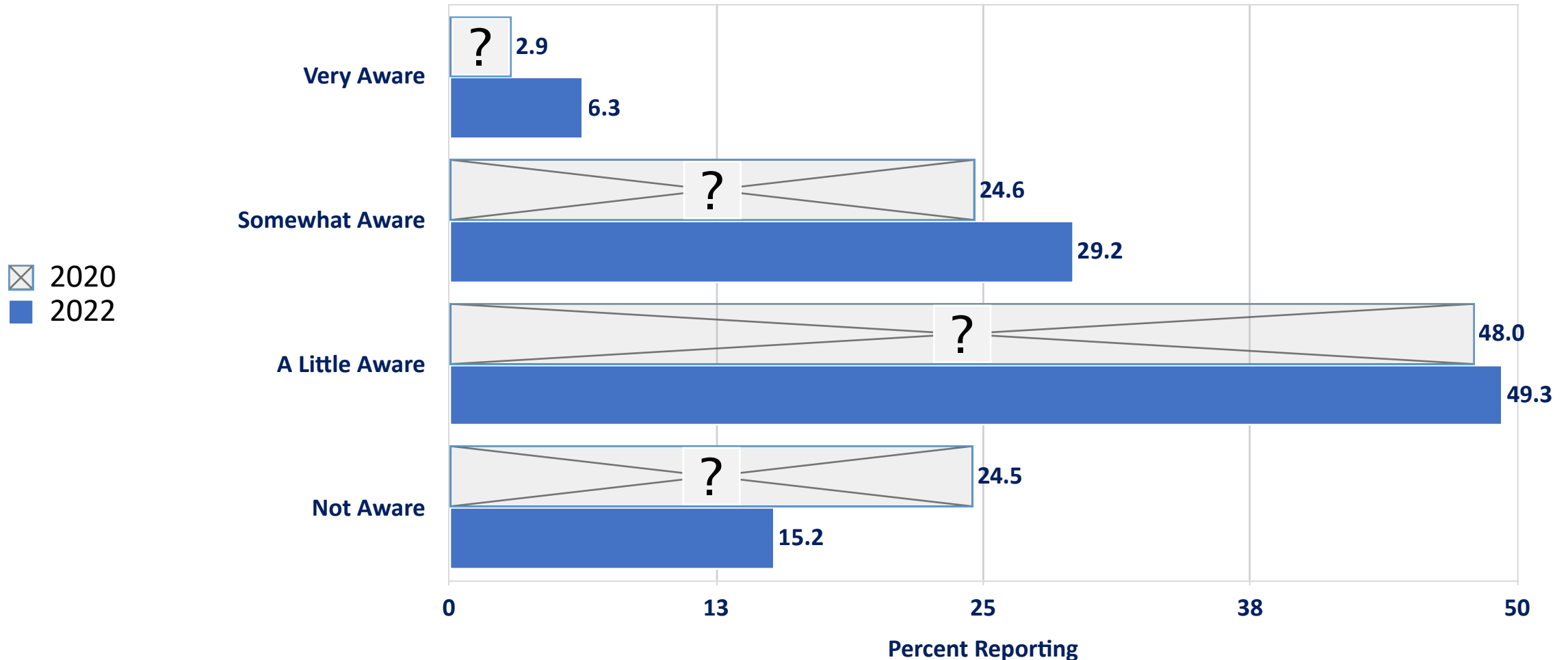
The Hub CRS, 2020-2022



How would you rate your community's ability to raise awareness about the risks of problem gambling/gaming addiction? [Q21]: The Hub CRS, 2020-2022

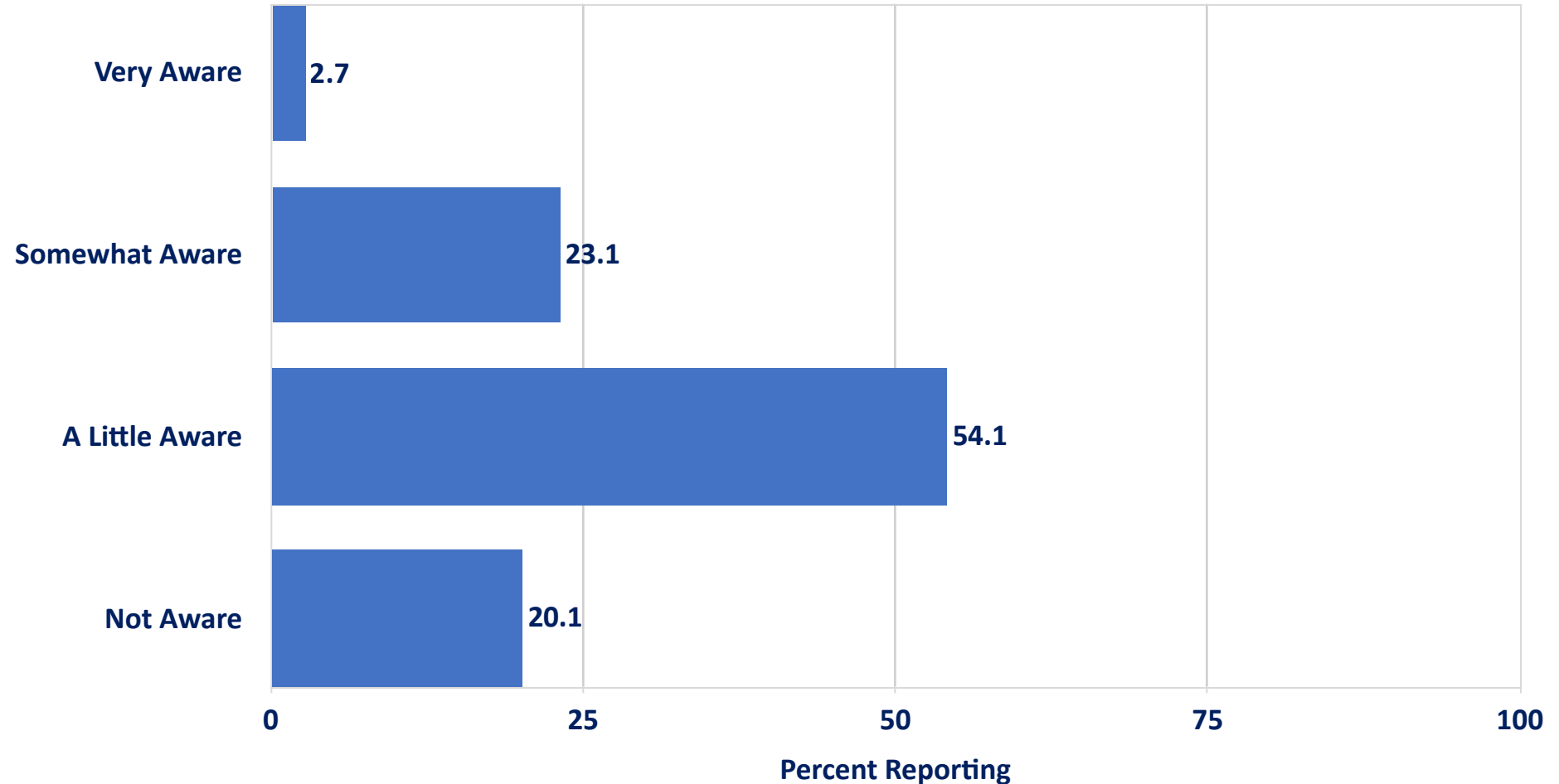


How aware are community residents that gambling activities* can become an addiction for some people? [Q22]: The Hub CRS, 2020-2022

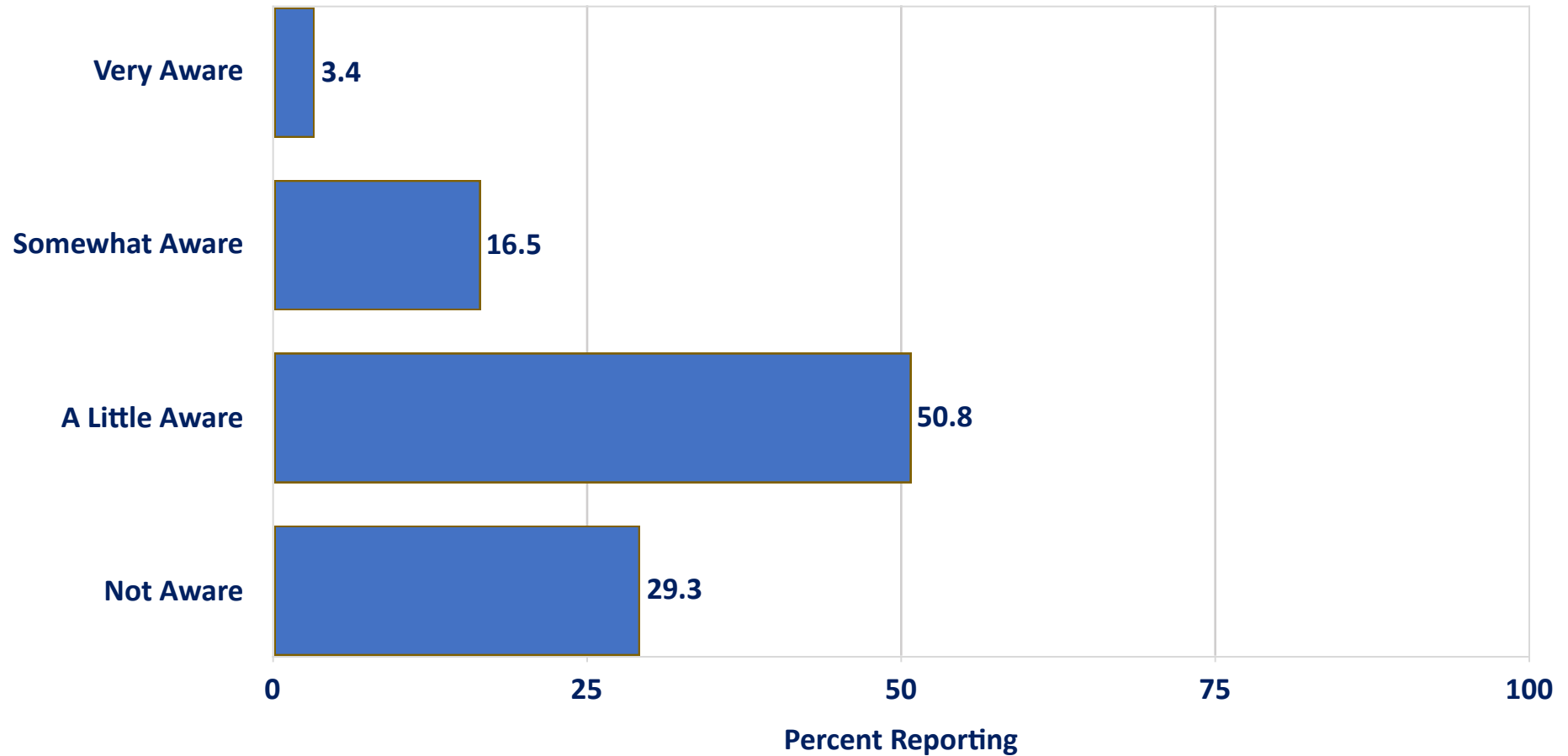


*e.g. scratch-off tickets, lottery, sports betting, Keno, casino games, dice, cards, loot boxes and skins in gaming, etc.

How aware are community residents that there is treatment available for individuals experiencing problems with gambling such as individual and group counseling? [Q23]: The Hub CRS, 2022



How aware are community residents that there are resources available for persons affected (significant others, spouses, and children) from problem gambling such as individual counseling and support? [Q24]:
The Hub CRS, 2022



Overall Community Readiness

Community Readiness to Undertake Behavioral Health Promotion Activities* [Q28]: The Hub CRS, 2022

Key Informant believes that the community is ready to....



*Behavioral Health Promotion Activities includes substance misuse prevention and mental health promotion activities.

Key Informant Ratings of the Community Stage of Readiness for Substance Misuse Prevention [Q29]: The Hub CRS, 2022

Community Stage of Readiness for Substance Misuse Prevention: The Hub (weighted n=201) Mean=5.72 (SD=1.89)	Percent
1 - This town/city tolerates or encourages substance misuse.	0.8
2 - This town/city has little or no recognition of the substance misuse problem.	2.7
3 - This town/city believes that there is a substance misuse problem, but awareness of the issue is only linked to one or two incidents involving substance misuse.	4.4
4 - This town/city recognizes the substance misuse problem and leaders on the issue are identifiable, but little planning has been done to address problems and risk factors.	18.9
5 - This town/city is planning for substance misuse prevention and focuses on practical details, including seeking funds for prevention efforts.	29.5
6 - This town/city has enough information to justify a substance misuse prevention program and there is great enthusiasm for the initiative as it begins.	9.1
7 - This town/city has created policies and/or more than one substance misuse prevention program is running with financial support and trained staff.	13.0
8 - This town/city views standard substance misuse programs as valuable, new programs are being developed to reach out to at-risk populations and there is ongoing sophisticated evaluation of current efforts.	10.6
9 - This town/city has detailed and sophisticated knowledge of prevalence, risk factors, and substance misuse program effectiveness and the programming is tailored by trained staff to address risk factors within the community.	11.1

Key Informant Ratings of the Community Stage of Readiness for Mental Health Promotion [Q30]: The Hub CRS, 2022

Community Stage of Readiness for Mental Health Promotion: The Hub (weighted n=206) Mean=5.36 (SD=1.79)	Percent
1 - This town/city is unsupportive of those with mental health issues.	0.8
2 - This town/city has little or no recognition of the community's concern about mental health.	4.2
3 - This town/city believes that mental health concerns impact the community, but awareness of the issue is only linked to one or two situations involving mental health.	3.4
4 - This town/city recognizes the mental health concerns of the community and leaders on the issue are identifiable, but little planning has been done to address problems and risk factors.	26.8
5 - This town/city is planning for mental health promotion programs and focuses on practical details, including seeking funds for awareness efforts.	27.9
6 - This town/city has enough information to justify a mental health promotion program and there is great enthusiasm for the initiative as it begins.	12.7
7 - This town/city has created policies and/or more than one mental health promotion program is running with financial support and trained staff.	5.5
8 - This town/city views standard mental health promotion programs as valuable, new programs are being developed to reach out to at-risk populations and there is ongoing sophisticated evaluation of current efforts.	13.4
9 - This town/city has detailed and sophisticated knowledge of prevalence, risk factors, and mental health promotion program effectiveness and the programming is tailored by trained staff to address risk factors within the community.	5.3